Healthy Hair Oil:
Experience Your Hair at its Finest

At Banyan Botanicals, we believe in bringing out our best through the natural and ancient wisdom of Ayurveda. For thousands of years, the people of India have nourished their hair and scalp with oils, supporting blood flow and providing the nutrition that their hair needs to make its finest appearance. Using our oils that are powered by rich, organic, Ayurvedic botanicals will give you a sense of natural luxury and nourishment. These self-pampering, do-it-yourself techniques are easy to incorporate into your routine, leaving you with strong, shiny, thick hair that will make heads turn.

Weekly Deep Pre-Shampoo Treatment

Massaging the scalp and roots of your hair with oil not only invigorates the tissues, strengthens the roots, and supports blood flow, but also invokes a deep sense of relaxation and grounding.

Incorporate this deep treatment into your home spa ritual. Fill the cup of your palm with warm oil. Dip the fingers of your other hand into the oil and massage your scalp with your fingers. Repeat this until your entire scalp is covered with a thin layer of oil. Use the remaining oil in your palm to coat the length of your hair with oil.

Let the oil sit for up to twenty minutes, or you may choose to leave it in your hair over night (in which case, protect your pillow with a towel or by wearing a turban). Remove the oil by applying shampoo directly to dry hair before wetting (this will help remove more oil with the first wash). You may need to shampoo a second time to remove all oil.

Daily Light Treatment

This light treatment gives your hair a protective, conditioning boost with natural oils. Focus the treatment on the length of the hair and the ends of the hair, thereby hampering your hair from becoming dry and brittle.

After your shower, while your hair is still damp, take a small, dime-size amount of oil into your palm. Rub your hands together and run your fingers through the length of your hair and the ends of your hair. You may let your hair air dry or you can blow dry your hair if you prefer.
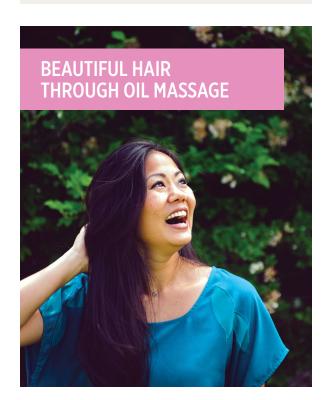
AYURVEDIC WISDOM FOR THICK & LUSTROUS HAIR

Oil Massage of the Head:

This practice supports your hair's natural thickness, color, and luster while also calming and rejuvenating the mind and the nervous system.

1. Make sure that the oil applied to the head is warm, but not hot.
2. Apply oil to the crown of the head and using your fingers massage slowly in circular motions.
3. The amount of oil may vary depending on the amount of hair and depth of treatment.

To remove the oil, apply shampoo directly to the oiled hair before you wet it, then rinse. Repeat shampooing until most of the oil is removed.

BEAUTIFUL HAIR THROUGH OIL MASSAGE

Healthy Hair Oil

For Thick and Lustrous Hair
Nourishing for All Hair Types

- Nourishes and rejuvenates the hair
- Supports thick, full-bodied hair
- Brings out the hair's natural color and luster
- Promotes soft, silky, manageable hair

Therapeutic oiling of the scalp and head has long been used in Ayurveda to encourage hair growth, prevent greying, and maintain a thick, lustrous head of hair. Gently massaging the head stimulates the hair follicles allowing the deeply nourishing herbs and oils to penetrate the scalp, strengthening and thickening the hair at its roots. Massaging the scalp and head can also help to calm the mind, relieve tension, soothe the nervous system, awaken the sense organs, and encourage sound, restful sleep.

Healthy Hair oil delivers the powerful effects of Ayurveda's top three hair enhancing herbs. These herbs are cooked by traditional methods into a moisturizing and nourishing base of sesame and coconut oils. The final outcome is a superior, certified organic oil. Used on a weekly basis, Healthy Hair oil will strengthen and protect all hair types, and give hair a natural, healthy shine while leaving it soft, silky, and more manageable.

Ingredients:

Sesame oil⁺, Coconut oil⁺, Bhringaraj leaf (Eclipta alba)⁺, Brahmi (Centella asiatica)⁺, Amalaki (Embilica officinalis)⁺, Hibiscus (Hibiscus rosa)⁺, Rose (Rosa damascena)⁺.

⁺Certified Organic

Healthy Hair Tablets

Promotes Growth of Thick and Lustrous Hair*
500 mg tablets, 90 per bottle

- Supports robust hair growth*
- Promotes natural color and luster*
- Bolsters hair strength and thickness*

The powerful herbs in this formula support the growth of hair that is thick, lustrous, and shiny. According to Ayurveda, premature greying or thinning of the hair can be exacerbated by systemic imbalances within the body. The herbs in Healthy Hair work to reestablish balance through gentle detoxification and powerful rejuvenation. The main ingredient in this dynamic formula, Bhringaraj, is known as "the ruler of hair," for its historical use in restoring and maintaining a beautiful head of hair. Combined with other nourishing herbs, Healthy Hair is Ayurvedic wisdom in a bottle that is convenient and easy to use.*

Ingredients:

Each 500 mg tablet contains: Bhringaraj leaf (Eclipta alba)⁺, Amalaki fruit (Emblica officinalis)⁺, Brahmi leaf (Centella asiatica)⁺, Hibiscus flower (Hibiscus rosa)⁺.

⁺Certified Organic

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.